

Nursery Menu Summer Term 2025

Week 1	Mon	Tues	Weds	Thurs	Fri
Lunch	Cheese and Tomato toasties or paninis Served with a refreshing side salad	Mashed Potato (South America) With beans and cheese; served with side vegetables	Spaghetti Bolognese (Italy) Wholewheat spaghetti and lentil based bolognese, with tomato sauce and cheese; served with a side salad	Pizza (Italy) Tomato sauce, cheese, and optional pepper/sweetcorn toppings served with side vegetables	Curry and Rice (Pakistan) Flo's Cafe Weekday Special, served with side vegetables
Tea	Seasonal Veggies Soup (England) Served with wholemeal bread and a side vegetables	Avocado or Hummus baguettes (Turkey) served with delicious with side vegetables	Crudites and Hummus with pitta bread to dip served with a delicious side salad	Veggi Burgers (USA) With wholemeal babs and a refreshing side salad (e.g. tomatoes and cucumbers)	Sandwiches (England) Wholemeal bread, mixed fillings, eg. cheddar, cream cheese, marmite ; with vegetables, sausage roll pieces
Week 2	Mon	Tues	Weds	Thurs	Fri
Lunch	Jacket Potato (South America) With beans and cheese; served with side vegetables	Halloumi wraps (Greece) a classic!) with side vegetables	Pizza (Italy) Tomato sauce, cheese, and optional pepper/sweetcorn toppings; served with side vegetables	Dahl and Rice (India) Served with side vegetables	Mezze Platter (Syria) Falafel, pita bread, served with hummus, grated cheese, and side vegetables
Tea	Sandwiches (England) Wholemeal bread, mixed fillings, eg. cheddar, cream cheese, with vegetables, sausage roll pieces	Soup (England) Served with wholemeal bread and veg/salad	Sandwiches (England) Wholemeal bread, mixed fillings, eg. cheddar, marmite; with vegetables, sausage roll pieces	Pasta Salad (Italy) a refreshing summer salad, with Pesto and veg etc	Bagels with cream cheese (USA) served with delicious with side vegetables

All our meals are low in salt and sugar.

Each dish contains fresh vegetables, protein and carbohydrates. We avoid processed foods and also serve fresh fruit and yoghurt for dessert.

Please talk to staff about any specific allergies.