



Flo's Refill Shop Price List

Pasta White Penne - **£4.83 per kilo**
Pasta Brown Fusilli - **£2.70 per kilo**
Pasta Gluten Free - **5.09 per kilo**
Rice Brown Short Grain - **£2.50 per kilo**
Rice Brown Long Grain - **£2.48 per kilo**
Rice White Basmati - **£4.56 per kilo**
Rice Arborio White - **£3.38 per kilo**
Quinoa - **£5.65 per kilo**
Jumbo Oats - **£2.10 per kilo**
Rolled Oats - **£3.00**
Red Lentils - **£3.00 per kilo**
Brown Lentils - **£3.21 per kilo**
Green Lentils - **£4.14 per kilo**
Deluxe Muesli - **£4.50 per kilo**
Oat Honey Crisp - **£3.20**
Flour Strong Wholemeal - **£1.14 per kilo**
Flour Strong White Bread - **£1.29 per kilo**
GF Buckwheat flour - **£4.44 per kilo**
Flour Gluten Free white - **£2.10 per kilo**
Cous Cous - **£2.20 per kilo**

Almonds - **£20.00 per kilo**
Brazil Nuts - **£13.89 per kilo**
Raisins - **£5.67 per kilo**
Cashews - **£14.92 per kilo**
Hazel Nuts - **£14.44 per kilo**
Pecan halves - **£19.76**
Pumpkin seeds - **£7.16 per kilo**
Sunflower seeds - **£3.74 per kilo**
Sesame Seeds - **£6.38 per kilo**
Chia Seeds - **£4.37 per kilo**
Linseed Golden - **£3.45**
Poppy Seeds - **£11.25 per kilo**
Peanuts - **£6.38 per kilo**
Walnuts - **£17.02 per kilo**
Pistachios - **£18.68 per kilo**

Aduki Beans - **£2.94 per kilo**
Mung Beans - **£3.48 per kilo**

Chickpeas - **£3.36 per kilo**
Popping Corn - **£2.64 per kilo**
Cyder Vinegar - **£4.05 per Litre**
Olive Oil - **£9.90 per Litre**
Sunflower Oil - **£4.43 per litre**
Dates - **£7.65 per kilo**
Apricots - **£11.33 per kilo**
Sugar Golden Caster - **£3.40 per kilo**
Seasalt - **£13.05 per kilo**

Faith in Nature

Coconut, Aloe Vera, Lavender and Geranium

Body wash - **£10.80 per litre**
Shampoo - **£10.80 per litre**
Conditioner - **£10.80 per litre**

Cole and Cole

Pomegranate, Lime- Basil and Mandarin Body Wash - **£13.20 litre**
Shampoo - **£13.20 litre**
Conditioner - **£13.20**

Ecover Washing Up Liquid - **£2.45 per litre**
Spiced Ginger Washing Up Liquid - **£2.39**
Sesi Non Bio Laundry Liquid - **£2.92 litre**
Ecover Laundry Liquid - **£6.18 per litre**
All Purpose Cleaner - **£2.73 per litre**
Toilet Cleaner - **£2.67 per litre**
Vinegar for Cleaning - **£1.75 per litre**
Fabric Conditioner - **£2.09 per litre**
Cream Cleaner - **£3.80 per litre**
Bicarbonate of Soda for Cleaning - **£1.61**
Fig Hand soap - **£ 5.00 per litre**
Rose Hand soap - **£5.00 per litre**
Grapefruit Handsoap - **£3.38 per litre**
Bottles **£1.00**
Olive Hand soap - **£3.93 per bar**

People, Place and Participation Ltd. Community Benefit Society Number: 7713

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Herbs and Spices

Aniseed Star - **£27.00 per kilo**
Caraway Seed - **£11.55 per kilo**
Cardamom Pods - **£84.90 per kilo**
Cayenne Pepper - **£10.05 per kilo**
Chillies Ground - **£8.55 per kilo**
Chilli flakes - **£30.45 pe kilo**
Cinnamon Ground - **£11.93 per kilo**
Coriander Seed - **£5.33 per kilo**
Coriander Ground - **£6.60 per kilo**
Cumin Seed - **£31.13 per kilo**
Cumin Ground - **£10.95 per kilo**
Curry Medium - **£6.00 per kilo**

Fennel Seed - **£7.43 per kilo**
Flaxseed Ground **£2.28 per pack**
Garam Masala - **£11.10 per kilo**
Ginger Ground - **£10.35 per kilo**
Lemongrass - **£16.05 per kilo**
Nutmeg - **£41.55 per kilo**
Mixed Herbs - **£9.83 per kilo**
Mixed Spice - **£11.70 per kilo**
Mustard Seed Yellow - **£4.95 per kilo**
Mustard Seed Black - **£4.65 per kilo**

Oregano - **£14.63 per kilo**
Paprika - **£8.40 per kilo**
Paprika Smoked - **£40.80 per kilo**
Peppercorns Black - **£21.08 per kilo**
Thyme - **£13.28 per kilo**
Turmeric Ground - **£5.30 per kilo**
Cloves - **£16.20 per kilo**

Chocolate

Salted Hazelnut - **£35.00 per kilo**
Chocolate Ginger - **£30.00**
Mint Buttons - **£33.00**
Sweet and Sour Chocolate Cherries
£33.00

Mayfield Eggs- **£1.80 Box of 6 medium**
size - Very Free Range

Cornfield Bakery

Small Wholemeal- **£2.66**
Small Sourdough- **£3.93**
Small Multi seed- **£3.63**
Small Maltbran- **£2.66**
Small GF Brown- **£5.18**

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